

# PRODUCT DATA SHEET

## Hexadecenoic acid (*cis*-9)

**Catalog number:** 1016

**Common Name:** Palmitoleic acid; C16:1  
(*cis*-9) fatty acid

**Source :** natural, plant

**Solubility:** chloroform, hexane, ethyl ether

**CAS number:** 373-49-9

**Molecular Formula:** C<sub>16</sub>H<sub>30</sub>O<sub>2</sub>

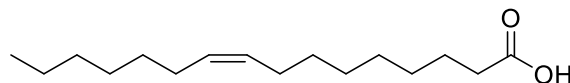
**Molecular Weight:** 254

**Storage:** -20°C

**Purity:** TLC: 99%, GC: 99%

**TLC System:** hexane/ethyl ether/acetic acid  
(85:15:1 by vol.)

**Appearance:** liquid



### Application Notes:

Hexadecenoic acid (*cis*-9) is often found as a component of human adipose tissues, esterified to glycerol and is found in small amounts in most animals. It is synthesized from palmitic acid by the enzyme *delta*-9-desaturase. Hexadecenoic acid (*cis*-9) is thought to be biomarker for the *de novo* synthesis of fatty acids from glucose. It has been reported that there is a consistent positive association between changes in inflammatory markers and hexadecenoic acid (*cis*-9). Hypercaloric high carbohydrate diets have been shown to stimulate the production of several fatty acids including hexadecenoic acid (*cis*-9) and its increase is a marker of lipogenesis.<sup>1</sup> Hexadecenoic acid (*cis*-9), because it is a product of stearoyl-CoA desaturase activity, can be used as a biomarker for triglyceridemia and abdominal adiposity.<sup>2</sup> It has been demonstrated that oleic and Hexadecenoic acids (*cis*-9) can inhibit the cytotoxic activity of *trans*-10, *cis*-12-conjugated linoleic acid.<sup>3</sup> Hexadecenoic acid (*cis*-9) has been classified as a lipid hormone which stimulates insulin in muscles.<sup>4</sup>

### Selected References:

1. C. Forsythe "Comparison of Low Fat and Low Carbohydrate Dietson Circulating Fatty Acid Composition and Markers of Inflammation" *Lipids*, Vol. 43 pp. 65-77, 2008
2. F. Paillard et al. "Plasma palmitoleic acid, a product of stearoyl-coA desaturase activity, is an independent marker of triglyceridemia and abdominal adiposity" *Nutrition, Metabolism, and Cardiovascular Diseases*, Vol. 18(6) pp. 436-440, 2008
3. M. Yamasaki et al. "Alleviation of the cytotoxic activity induced by *trans*10, *cis*-12-conjugated linoleic acid in rat hepatoma dRLh-84 cells by oleic or palmitoleic acid" *Cancer Letters*, Vol. 196(2) pp. 187-196, 2003
4. Z. Yang, H. Miyahara, A. Hatanaka "Chronic administration of palmitoleic acid reduces insulin resistance and hepatic lipid accumulation in KK-Ay Mice with genetic type 2 diabetes" *Lipids in Health and Disease*, vol. 10 pp. 120, 2011

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